

IMPORTANT INFORMATION

Use of your F45 LionHeart device

F45 LionHeart heart rate monitors (“**F45 LionHeart Devices**”) are not medical devices, and the data provided by them is not intended to be utilized for medical purposes and is not intended to diagnose, treat, cure, or prevent any disease or medical condition.

The F45 LionHeart Devices are designed only as an aid to personal training and/or exercise. It cannot tell you what level of exercise is safe for you, or whether you are exerting yourself beyond your safe limits.

It is your responsibility to ensure that you are medically fit before you undertake strenuous exercise and F45 recommends you consult your doctor before engaging in any exercise routine.

It is important to be sensitive to your body’s responses during training. If you feel unexpected pain, physical discomfort or excessive fatigue when training, it is recommended that you stop the training immediately and seek medical attention.

F45 LionHeart Devices rely on sensors that track your movement and other metrics. The data and information provided by these devices is intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including step, sleep, distance, heart rate and calorie data. Additionally, if you are pregnant or using a pacemaker then this may interfere with the proper operation of your F45 LionHeart Device.

When you register and use your F45 LionHeart Device, we collect and store some personal information about you. All personal information we gather about you will be handled in accordance with our Privacy Policy.

The F45 LionHeart Device must at all times be used in accordance with F45 LionHeart product use and care instructions.

By clicking ‘agree’ you acknowledge and agree to the terms and conditions set out above.